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# 4-H FOOD PRESERVATION ACTIVITY DEPARTMENT 11

**Superintendent: Kim Weiland**  
**360-740-1212**

**REQUIREMENTS:**

- A. All junior and primary contestants must be enrolled in a project related to the contest and are eligible to compete in freezing and drying only.
- B. Intermediate and Senior contestants must be enrolled in a project related to the contest.
- C. Contestant must provide a completed worksheet (C1099E 4-H "Food Activity Worksheet") to the judge before beginning activity.
- D. Junior members may freeze or dry fruit and fruit leather. Intermediate and Senior members may freeze or can vegetables, meats (fish and poultry), pickles, jams or jellies; or dry fruits, vegetables or meat. Since there will not be time for the drying process to be completed, the food dried completely at home and packaged should be brought in for discussion with the judges.
- E. Contestants will freeze, can or dry one food. Maximum of two containers each, except for jam or jelly, where one recipe may be made.
- F. Recommended drying, freezing and canning processes MUST be used. Processing methods must follow current WSU, USDA or Kerr and Ball recommendations. Jams, Jellies and Pickles need not be USDA recipes but USDA processing recommendations must be followed. Canning USDA website for National Center for Home Food Preservation: [www.uga.edu/nchfp](http://www.uga.edu/nchfp).
- G. Jerky entries must follow guidelines (PNW 632) available at Extension Office.
- H. All food items must be purchased at a grocery store or other approved food source and brought to the event in original packaging.

**DIVISION:**

- A. Junior Member – Freezing/Drying
- B. Intermediate Member
- C. Senior Member
- D. CLOVERBUD – (NON PREMIUM) Freezing & Drying only

**CLASS:**

	<b>POINTS ALLOWED</b>		
	Blue	Red	White
1. Canning, water bath - Max. 2 hours.....	40	26	13
2. Jams/jellies – Max. 1 ½ hours.....	40	26	13
3. Pressure Canning - Max. 3 hours .....	50	34	17
4. Freezing - Max. 1 1/2 hours .....	30	20	10
5. Drying - Max. of 1 hour.....	40	26	13

**RIBBON AWARDS**  
**(If exhibit merits this honor.)**

Champion – each division  
Reserve Champion – each division  
Grand Champion & Reserve Grand Champion all classes combined/one per age division