



4-H FOOD AND NUTRITION DEPARTMENT 29

**Superintendents: Kim Weiland
360-740-1212**

REQUIREMENTS:

- A. All exhibits must be brought to the 4-H Exhibit Building and entered with the superintendent between 2 PM and 6 PM Sunday, pre-fair. There are no exceptions.
- B. Judging will begin at 2 PM on Sunday and continue until those exhibits entered before 6 PM are judged.
- C. Food exhibits should be on a disposable container or cardboard and covered with film or a plastic bag to keep it fresh and free from dust.
- D. Recipe used to prepare exhibit must be included with all food entries and will not be returned. Please have exhibitor's name printed on recipe. Will be used in judging.
- E. When package mix is used, project must be a variation of the mix and age appropriate. Plain mixes will not be accepted.
- F. Exhibitors have the opportunity to bring one exhibit in front of the judge and receive verbal comments.
- G. Decorated cakes: See Department 33. Due on entry day with still life exhibits.
- H. Exhibits will be arranged for display after they have been judged.
- I. All exhibits must be the work of the individual member.
- J. No cream fillings, chiffon pies, cream based or uncooked products, (Exception: cream cheese frostings or glazes that are high in sugar content will be accepted), cream cheese or alcohol in any exhibits.
- K. No bread machine recipes accepted.
- L. Must be enrolled in a foods project.
- M. Required for exhibit – cookies, muffins, biscuits, etc. – plate of four
- N. Required for exhibit – cakes, pies, breads, etc. – ¼ of the item, with heel included on loaves of bread
- O. One entry per class 1. Maximum 5 entries per class 2-7, must be from different recipes.
- P. Siblings are strongly encouraged to use different recipes.

DIVISION:

- A. Junior
- B. Intermediate
- C. Senior
- D. Cloverbud (NON PREMIUM)

CLASS:

	POINTS ALLOWED		
	Blue	Red	White
1. Foods Judging Contest	30	20	10

FOOD EXHIBITS

Five entries per exhibitor, per class.			
2. Cookies	8	5	3
3. Cakes	12	8	4
4. Pies, fruit desserts.....	12	8	4
5. Quick breads, muffins	8	5	3
6. Yeast breads	12	8	4
7. Nutritious snacks	8	5	3
8. Candies	8	5	3
9. Mixes in a jar – Master Mixes, cookies, spice mix, drink mix. (All ingredients must be stable at room temperature)	8	5	3

RIBBON AWARDS

(If exhibit merits this honor.)

Champion & Reserve Champion, Junior, Intermediate & Senior in each class.
Grand and Reserve Grand Champion in each age division.